example of the positive difference a sincere, community-minded individual can make. I am very pleased that he is receiving this much deserved recognition of his achievements.

Madam Speaker, I hope you will join me in commending Mr. Coleman Walker, the dean of local radio in Middle Tennessee, for his many years of broadcasting excellence and his induction into the Tennessee Hall of Fame.

RECOGNIZING THE GRADUATION OF THE FAIRFAX COUNTY FIRE AND RESCUE DEPARTMENT 148TH RECRUIT CLASS

HON. GERALD E. CONNOLLY

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES Wednesday, July 21, 2021

Mr. CONNOLLY. Madam Speaker, I rise to congratulate the Fairfax County Fire and Rescue Department and the graduates of the 148th Recruit Class. As they prepare to join the ranks of the Fairfax County Fire and Rescue Department, I encourage the 42 graduates to reflect on the history of the department and the contributions and dedication of the brave men and women who have served before them to protect our community.

The Fairfax County Fire and Rescue Department's Recruit School consists of an extensive and demanding 30-week program. In addition to two weeks of orientation, recruits completed twelve weeks of EMT training and sixteen weeks of fire suppression training. Upon graduation, these recruits will be certified at the level of Firefighter I/II by the Virginia Department of Fire Programs.

These recruits have the distinct honor of joining one of the best Fire and Rescue Departments in the United States. The efforts of the Fairfax County Fire and Rescue Department have been recognized across this country. Members from the Department serve on the elite VA Task Force I, which is among the first units called to disaster zones to provide search and rescue support. Members of that Task Force were recognized by the International Association of Fire Chiefs with the Benjamin Franklin Award for Valor as a result of their efforts in the aftermath of the devastating earthquakes that struck Nepal in 2015.

Fairfax County is fortunate to have such excellent ambassadors for our community and I commend them for all that they have done to protect lives and property not only here in Fairfax County, but around the world. As the newest members of the Fire and Rescue Department, the 148th Recruit Class graduates join the department as integral parts of our community's emergency response and public safety team. I am confident that this graduating class will serve the residents of Fairfax County with honor and distinction. It is my great honor to include in the RECORD the names of the 148th Recruit Class:

Paul Ayers, Juan Bailey, Jacob Biller, Joseph Boccabello, Andrew Brinton, Timothy Cahill, Jason Cook, Zion David, Joshua Davidson, Andrew Duke, Matthew McKay, Ariel Molina Heredia, Gary Moore Jr, Ricardo Munoz Caceres, Charles Nelson III, Christopher Ong-Hay, Kelly Paszkiewicz, Tyler Pennington, Elijah Quiceno, Brandon Rafferty.

Keith Fosco, Rachel Guszick, Jonas Holz, Timothy Hussey, Caroline Jarvis, Michael Kloosterboer, Cameron Kotwicki, Adam Ladd, Joseph Leis, Maria-Clarice Lingat, Tyler Martin, James Reed III, Darious Rush, Matthew Sisinni, Mark Taggart-Perez, David Tezza, Armin Saadi, Jason Vargas, Benjamin Welty, Taylor White, Matthew Wilson, Ian Wood.

Madam Speaker, I ask that my colleagues join me in congratulating the newest members of the Fairfax County Fire and Rescue Department. I thank them for their service to their community and to all members of the Fire and Rescue Department, past and present, I say: "Stay safe."

RECOGNIZING PAM HOWELL-BEACH

HON. MARCY KAPTUR

OF OHIO

IN THE HOUSE OF REPRESENTATIVES Wednesday, July 21, 2021

Ms. KAPTUR. Madam Speaker, I rise today to recognize the accomplishments of Pam Howell-Beach in my District. Pam has been a longtime leader of our community, leading efforts and leaving her imprimatur on Northwest Ohio community organizations, and has come to retirement as the CEO of the Stranahan Foundation in Toledo, Ohio.

Pam Howell-Beach grew up in the Northwest Ohio rural community of Archbold, Ohio. Upon her high school graduation, the family was required to relocate due to her father's work. However, Pam chose to stay and supported herself, enrolling in evening and weekend classes at the University of Toledo and working full time to cover the cost of tuition and expenses. The first in her family to obtain a higher degree, Pam achieved a Bachelor's Degree in Social Work and Psychology. She later went on to Case Western Reserve University where she obtained her Master's Degree in Social Work Administration, specializing in non-profit planning and management. Pam achieved this advanced degree earning a 4.0 while leading the Toledo Community Foundation as its director.

Under the leadership of Pam Howell-Beach, she grew the assets of the Toledo Community Foundation from \$20 million to nearly \$100 million. As a result, the Toledo Community Foundation's reach extended into every facet of Toledo life including social services, the arts and education.

After sixteen years at the helm of the Toledo Community Foundation, Pam was asked to become the first full-time executive director of the Stranahan Foundation. Thus, she oversaw the organization's services while bringing forth many new initiatives. Among these efforts was an early childhood education enterprise that brought national recognition to the Stranahan Foundation. In the seventeen syears of Pam Howell-Beach's tenure at the Stranahan Foundation, more than \$70.5 million in funding has been disbursed to nonprofit organizations in our region and nationwide.

Pam Howell-Beach's strengths in the non-profit world and community at large brought her recognition as well. She was inducted into the inaugural class of 20 Under 40 in 1996 and was named a YWCA Milestone Honoree in 2010.

Accolades are well-deserved, but Pam has devoted her energies toward mentorship in the philanthropic world. She has particularly fo-

cused on raising up women. Pam has dedicated countless volunteer hours toward these efforts, as well as serving as past president of the Zonta Club of Toledo, past chair of Philanthropy Ohio, former chair of the Ability Center of Greater Toledo, trustee for Mercy Health Partners, advisor for the Early Childhood Funders Collaborative, and grant reviewer for Susan G. Komen Foundation.

In spite of Pam's accomplishments in the philanthropic world, the role she most treasures is the one in her family. Her biographer notes that she is a "devoted wife to her husband, Bob. Together they have travelled the world, trekked thousands of miles on their bikes, and spent cherished time with a wide community of friends and associates. Pam has also served as a source of support and strength for her step-children and her nephews. Beyond any doubt, Pam has led an exemplary life, both personally and professionally." Singer/songwriter Dolly Parton noted, "If your actions create a legacy that inspires others to dream more, learn more, do more and become more, then, you are an excellent leader." Truly. Pam Howell-Beach has embodied this message throughout her journey. We wish her Godspeed.

FREEDOM AND LIBERTY FOR CUBA

HON. JOE WILSON

OF SOUTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES Wednesday, July 21, 2021

Mr. WILSON of South Carolina. Madam Speaker, historic protests against the brutal communist Cuban regime are taking place across Cuba. I commend the courage of the Cuban people as they stand together to demand basic human freedoms. Socialist opression in Cuba has gone on long enough and the people of Cuba are standing for freedom and liberty.

Cuba's sociálist dictatorship has tortured the people of Cuba for decades, forcing the entire country into shambles and economic turmoil. Now, as the people of Cuba peacefully protest this oppressive regime, Cuban regime thugs are taking protesters from their homes for nothing more than calling for freedom. These horrifying events are not uncommon, and it is time the Cuban regime be held responsible for their offences against Cuban families.

It was inspiring to see American flags being flown during Sunday's protests. Cubans have historically stood up against totalitarian communism, and the United States stands with them.

RILEY QUIRK-EAGLE SCOUT

HON. JEFFERSON VAN DREW

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES Wednesday, July 21, 2021

Mr. VAN DREW. Madam Speaker, I want to recognize Riley Quirk who achieved the rank of Eagle Scout. Riley's Eagle Scout project was the replacement of a 140' long timber bridge path through a swampy area located on Camp Edge. Riley was in charge of coordinating donations, design, materials, tools,